



Escape to Tranquillity: Yoga Holiday to Kissamos, Crete with Jody September 24th – October 1st 2024 (Tues-Tues)



Join us for a rejuvenating yoga holiday in the heart of Kissamos, Crete. Our 2nd visit to this cherished venue & 6th to Kissamos, promises to be a magical experience, filled with Cretan charm, sandy beaches, and the warmth of the Mediterranean sun.

Venue: Nestled one street back from the glorious sandy beach, our charming hotel offers the best local buffet breakfast and comfortable ensuite rooms with modern amenities. Enjoy the pool, sun loungers, and the vibrant local atmosphere just steps away.



Yoga: Reconnect with your inner self in our purpose-built yoga shala overlooking the pool and gardens. Daily sessions from 8-9am and 6-7pm (from the day after we arrive until the day before departure with 1 day off mid holiday) will guide you through an immersive practice. Mats, belts, blocks, and blankets are provided for your convenience.

Culinary Delights: Indulge in daily buffet breakfasts featuring fresh organic fruits, homemade jams, cheeses, pastries, and eggs from their own chickens. Five vegetarian dinners, crafted by Mama using homegrown ingredients, are also included.



Cost: The price per person for 7 nights sharing a room with your friend/partner is **£720/£820**. Early bird price in bold if booked by March 31st. There is a single occupancy supplement of £100. This includes comfortable accommodation, 10 Yoga classes, 7 buffet breakfasts and 5 dinners.

A non-refundable deposit of £250 and completed booking form will reserve your space. The non-refundable balance is due by July 31st.

Transfers: Convenient airport transfers will be arranged by the hotel for approximately €20 each way.

To Reserve Your Space: Email jody@yogaakasha.co.uk

Join us for a week of bliss, self-discovery, and rejuvenation amidst the beauty of Kissamos. Secure your spot today!

