

Yoga Akasha's late Summer Holiday to Agistri Island, Greece with Jade & Jody, Sept 26th - October 6th, 2021 (Sun-Wed)



We are very excited to be returning to Agistri for our summer holiday in 2021!

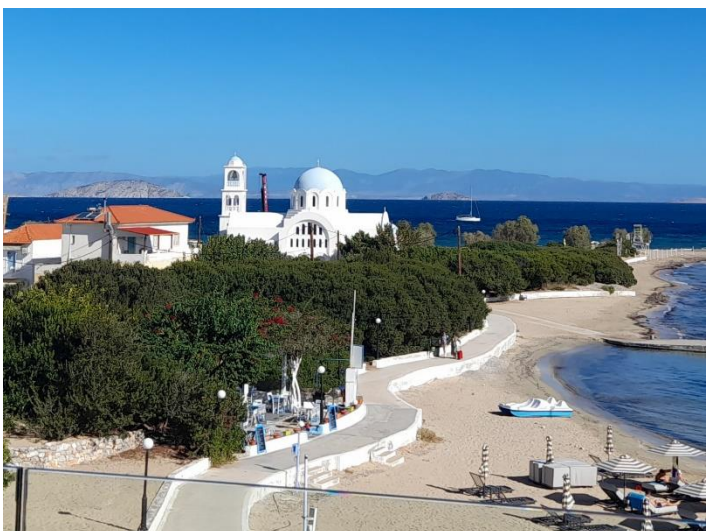
Agistri: is one of the Saronic Islands, the 2nd closest to the port of Piraeus, Athens, with wonderful beaches, tavernas and Greek charm aplenty. This will be the 2nd yoga holiday we have run at this stunning venue, though it is very close to Aegina where Jody has taught on 16 and Jade 3 yoga holidays! We can see it from the beach of our hotel.

Our chosen venue: We will be staying in the wonderfully comfortable, family run Oasis hotel, with its own beach and sun loungers. The sea is clear and deliciously warm at the end of the summer, kissed by many months of sunshine. Jade and Jody booked this trip whilst teaching there on the 2020 yoga holiday as it has already become a firm favourite!

Accommodation: The rooms are gorgeous! All are en-suite, very comfortable with air conditioning, each enjoying its own balcony or terrace, looking out to the sea, gardens, or mountains.

Food: After our morning yoga sessions we will enjoy a delectable buffet breakfast in the comfort of the spacious dining area. This has to be the best breakfast of any venue they have taught. Lunch and dinner can be enjoyed either here or at various inviting nearby tavernas.

Yoga: Jade and Jody will be teaching an early morning and late afternoon class with one day off midway through. They will be suitable for all levels with modifications and options available if wanted. Everyone works to their own pace. Yoga mats are provided at this venue. Jody and Jade have over 45 years of yoga teaching experience between them and are both co-founders of Yoga Akasha.



Travel: We fly to Athens, then take a bus or taxi to the port of Piraeus, then a dolphin or ferry to the island, the hotel is very close by. If you take a dolphin you will need to get a bus to the hotel.

Cost: There is an earlybird discount of £200 if deposit and booking form are received by February 28th, and balance by July 31st, 2021. Earlybird price in bold: Shared non sea view - **£675**/£875, shared sea view - **£725**/£925, single non sea view - **£850**/£1,050, single sea view - **£950**/£1,150.

Price includes 10 nights' accommodation, breakfast and yoga classes. Non-yoga partner/friend can come for a discount of £140. A non-refundable deposit of £350 reserves your space. The non-refundable balance is due by July 31st, 2021.

Booking & more info: Places are limited to 12. As we anticipate being full, we suggest you book early to avoid disappointment and to receive the discount, also for more info please contact jody@yogaakasha.co.uk 07956 969141 or jade@artisticlicenceagency.com 07918 761083

