

# Yoga Akasha's late Summer Holiday to Agistri Island, Greece with Jade & Jody Sept 27<sup>th</sup> - October 7<sup>th</sup>, 2020 (Sun-Weds)



## We are very excited to be heading to Agistri for our summer holiday in 2020!

Agistri is one of the Saronic Islands, the 2<sup>nd</sup> closest to the port of Piraeus, Athens, with wonderful beaches, tavernas and Greek charm aplenty. This will be the 1<sup>st</sup> holiday we have run on this Island, though it is very close to Aegina where Jody has taught on 16 and Jade 3 holidays! We can see it from the beach of our hotel.

**Our chosen venue:** We will be staying in the very comfortable Oasis hotel, with its own beach and sun loungers. The sea is clear and wonderfully warm at the end of the summer, kissed by many



months of sunshine. Jade and Jody stayed here for a night in 2019 before teaching on Aegina and knew this would be a perfect space to host our next late summer holiday.



**Accommodation:** The rooms are all en-suite, very comfortable, light and airy, with air conditioning. Each has a balcony or terrace, looking out to sea or mountains.

**Food:** After our morning yoga sessions we will enjoy a delicious buffet breakfast all in the comfort of the spacious dining room looking out to sea. Lunch and dinner will be enjoyed either here or at various wonderful tavernas.



**Yoga:** Jade and Jody will be teaching an early morning and late afternoon class with one day off midway through. They will be suitable for all levels with modifications and options available if wanted. Everyone works to their own level. Yoga mats are provided at this venue. Jody and Jade have over 45 years of yoga teaching experience between them and are both co-founders of Yoga Akasha.



**Travel:** We fly to Athens, then take a bus to the port of Piraeus, then a catamaran to the island, the hotel is very close by. If you take a ferry you will need to get a bus to the hotel.

**Cost:** We have kept the prices the same as 2019! Shared (2 or 3) accommodation £695, single accommodation £895. This includes 10 nights' accommodation, breakfast and yoga classes. Non-yoga partners/friends can come for a discount. A non-refundable deposit of £250 reserves your space. The balance is due by July 30<sup>th</sup>.

**Booking & more info:** Places are limited, please book early to avoid disappointment by contacting [jody@yogaakasha.co.uk](mailto:jody@yogaakasha.co.uk) 07956 969141 or [jade@artisticlicenceagency.com](mailto:jade@artisticlicenceagency.com) 07918 761083.